

# Packing List Traveling with Children and Babies

Traveling with small children and babies is an exercise in masterful logistics. What helps is a clearly partitioned suitcase, small bags for each family member, and some favorite toys, books and activities for the little ones. Here is our checklist for vacations with children and babies.

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Tip: Pre-order the Lufthansa Kids Menu for the little ones.



## Documents & Organization

- Passports, ID cards
- Booking confirmations
- Document with emergency contacts and accommodation address
- SOS bracelets for the children with your mobile phone number on them

## Medicine & Safety

- Thermometer
- Child-friendly painkiller and fever relief medicine
- Nasal spray
- Plasters and wound disinfectant
- Health insurance card
- Vaccination
- International health insurance

## Mobility

- Baby seat
- Buggy
- Baby carrier
- Sun and rain protection for the buggy

## Comfort & Entertainment

- Favorite toys
- Books, coloring books
- Audiobooks
- Tablet with offline content
- Sand toys

## Nutrition

- Formula milk
- Bottle
- Bibs
- Porridge and jars of baby food
- Favorite snacks
- Drinking bottle
- Lunch box

## Clothing

- Lightweight, breathable clothing
- Warm sweater
- Bodysuits
- Baby sleeping bag
- Comfortable tops
- Shorts
- Sun hat

## Care & Hygiene

- Diapers
- Wet wipes
- Barrier cream
- Travel changing mat
- Mild baby shampoo
- Gentle soap / body wash
- Sunscreen with a high SPF
- Children's toothbrushes
- Brush or comb
- Pocket tissues
- Diaper bag